



**Hamilton Lake Clinic**  
Because your life matters

## **Patient Instructions for Surgery**

### **Pre Op**

- Do not stop any medications you are currently taking. This includes blood thinners.
- Sometimes even with a minor procedure, a patient may feel anxious and nervous. We can give you medication to relax you, however, if you do take the medication, someone should come with you to drive you home.
- You may eat your normal breakfast if your surgery is scheduled in the morning. If your surgery is scheduled in the afternoon, please eat your normal lunch. If you are a diabetic, please bring a snack with you.
- If your surgery is for treatment of skin cancer, you should plan to spend time waiting for laboratory results. Sometimes the surgery can be more extensive than expected and may take a good part of the day. Please be patient and bring some reading material with you.
- Please wear comfortable clothing. We ask that you wear a two-piece outfit since it will be necessary for you to remove your blouse or shirt and put on a gown.
- Due to limited waiting room space, please try to limit family or friends to one or two persons. This will insure your comfort as well as the comfort of other patients who will also be having surgery the same day.
- Please note: If you have a pacemaker or defibrillator, please notify the surgical nurse with you the day of your surgery.
- If you are unable to keep your scheduled appointment for surgery, please contact our office as soon as possible and be sure to specify that you need to reschedule your surgery appointment.